



Emmanuel United Methodist Church
11416 Cedar Lane, Beltsville, MD 20705

301-937-7114
www.eumcbeltsville.com

Rev. Dr. Andrea M. King
PastorKing@eumcbeltsville.com



The Lamplighter

The Newsletter of Emmanuel United Methodist Church

Back-to-School Prayer

Dear Lord,

Please guard our children's hearts and minds in Christ Jesus. Help them focus and learn this year. Give them favor with their teachers and peers. And help them make godly friends and be a godly friend.

In Jesus' Name. Amen.

Back to School The Lamplighter



The Newsletter of Emmanuel United Methodist Church!

SEPTEMBER


SEPTEMBER 2023

IN THIS ISSUE

- + Update on DBSA p. 2
- + Troop 1033 Update p. 2
- + Cooking with Pastor King: Make your own fudge p. 2
- + UpStage Artists presents The 39 Steps p. 3
- + Lay Servant Lectern p.4
- + History of Hymns: 'Freely, Freely (God Forgave My Sins)p. 7
- + September Calendar p. 9



From the
Pastor's
Desk...

TOP 10

What if David Letterman found religion and an unction for community service? What would a Top Ten Countdown look like for the local church to support parents and students in having a successful school year?

10. Host a Back-to-School Party for the students in church and surrounding community.
9. Celebrate the teachers in the congregation and create a partnership between the local school and the local congregation.
8. Offer Adult Tutoring sessions to parents to enable them to provide better at-home support for their kids. Tangentially, create a cadre of tutors who can be available to provide support and resources.
7. Provide mini scholarships to purchase school supplies.
6. Regularly schedule Family Game Night with learning games that can improve skills for math, reading, etc. to make learning fun!
5. Sponsor a Family Date Night so parents and kids can stop in for a simple and nutritious meal after a busy school/workday.
4. Ask the family what they think is important or needed for a successful school year.
3. Plan quarterly celebrations to coincide with students' receiving report cards to celebrate all kids.
2. Host Back-to-School (and seasonal) clothing swap parties.
1. PRAY for the parents, students, teachers, staff, and administrators.

Come up with your own list (even if it is only one thing) that could make a difference in the school year of a parent or a student (of any age).

Do you have something for our newsletter? Send items to the editor, Rick Bergmann at lamplighter@eumcbeltsville.com

Update on Depression and Bipolar Alliance Ministry

By Linda Hiner



Depression and Bipolar Support Alliance

The DBSA (Depression and Bipolar Alliance) ministry is still going strong. We continue to hold meetings twice monthly online via ZOOM.

In the spring of 2022, we tried to have "hybrid" meetings meaning one meeting would be in person and the second online but the turnout of participants was not beneficial to our overall cause for the online participants. After just a few meetings, the online meetings returned full time. Each meeting has an average of ten participants. Our chapter known as DBSANCA (Depression and Bipolar Alliance National Capital Area) has eight groups that meet various times during the month.

On June 15, 2023, Dr. Frederick Jacobsen, medical advisor for the DBSANCA chapter (National Capital Area) spoke to us on the latest research on mood disorders.

The need for mental health support is great. If you know of anyone that suffers from depression or bipolar disorder, a family member or friend, our website (www.dbsanca.org) is full of useful information and meeting dates and times. Remember, dial 988 for Suicide and Crisis Lifeline.

Any questions can be directed to Judy's email at judyescatsanddogs@msn.com or call Linda at 301-641-6022.

Blessings,
Judy and Linda

Update from Boy Scout Troop 1033

By Jenny Kresge



Scout Troop 1033 has had a busy summer and is looking forward to a lot of fun activities this fall! In June, the troop spent a day whitewater rafting on the Shenandoah and Potomac Rivers near Harpers Ferry, WV. This was a first time experience for many of the scouts. In July, the troop spent a week at Rodney Scout Reservation in North East, MD which is on the Chesapeake Bay. They enjoyed many traditional summer camp activities, including swimming, boating, campfires and archery, as well as earning several Merit Badges each. In September, the troop had a table at National Night Out. Their "Learn a knot, Get an ice pop!" activity was well received!

This fall, the troop has plans for two camping trips, attending an orienteering event and conducting the annual "Scouting for Food" canned food drive.

On Sunday, September 17th at 6pm, the troop will hold a "Join Scouting Night" - a meeting for potential new members to come and learn about Troop 1033 and participate in fun, scouty activities. If you know any boys ages 11-17 who might be interested in joining scouts, please let them know. For more information, please email BSABeltsville@gmail.com



Cooking with Pastor King: Make Your Own Fudge

Ingredients:

NOTE: Sun Butter is made from sunflower seeds and comes in regular and chocolate, but you can use whatever floats your boat!

1/4 c butter (melted)

2/3 cup Sun butter (peanut butter, almond butter, or cashew butter - whatever you like)

2 TBS sweetener (stevia, honey, or sugar, etc. - whatever you prefer)

1 tsp vanilla (rum or other suitable flavoring)

Directions:

Mix all ingredients together and pour into a mini loaf pan lined with wax paper (or parchment paper).

OPTIONAL: Add chopped nuts, dark chocolate chips, or something to give it texture.

Freeze mixture in the pan for 1 hour, remove and cut into portions.



UpStage Artists Presents “The 39 Steps”

Do you like a good mystery? How about a hilarious comedy? What happens if you add the two of them together? You get “The 39 Steps,” a play that has been described as Hitchcock meets Monty Python!

According to stageagent.com, “the show hurtles a notorious fugitive and a spellbound blonde from a London music hall north by northwest to Scotland’s most remote highlands. Will they save Britain from a den of devious spies? A cast of four actors plays over 150 characters in this fast-paced tale of an ordinary man on an extraordinarily entertaining adventure. The 39 Steps contains every single legendary scene from the award-winning movie — including the chase on the Flying Scotsman, the escape on the Forth Bridge, the first theatrical bi-plane crash ever staged and the sensational death-defying finale in the London Palladium.”

This is UpStage’s 10th production and is directed by Rick Bergmann and stars local actors Joey Rolandelli, Nancy Somers, Colleen Isaiah, and Neil Swanson-Chrisman (last seen as Teddy Roosevelt in UpStage Artists production of Arsenic and Old Lace). This promises to be one of the funniest shows that UpStage has put on yet. Come out and join them for a hilarious few hours.

The 39 Steps is a fast-paced whodunit for anyone who loves the magic of theatre! This two-time Tony and Drama Desk Award-winning treat is packed with nonstop laughs, over 150 zany characters (played by a ridiculously talented cast of four), an onstage plane crash, handcuffs, missing fingers, and some good old-fashioned romance!

Show dates are September 15, 16, 22, 23 at 7:30 pm and Sept. 17 and 24 at 2 pm. Tickets are just \$10.00 and can be purchased at www.upstageartists.com/tickets.



Join us on Sunday mornings in hybrid worship in person or through Zoom. Worship begins at 10 am.

Use this link if you wish to attend virtually:

<https://zoom.us/j/97839889289?pwd=YzUxZiJKTzUybTJnZEt4UC9qTkI4QT09> or go to

zoom.us and click join a meeting.

The meeting number is 978 3988 9289. The Password is EUMC

You can call in on any telephone (cell or landline) at 1-301-715-8592

If you're calling on the telephone the information is

Meeting ID: 978 3988 9289 Passcode: 479360



Lay Servant Lectern: September 2023 Edition

By Ricky Whitecotton

Greetings Sisters and Brothers! Seventh in a series. In this edition, I will describe “Leading Public Prayer”, The instructor was Rev. John Zimmerman. This is a course on the basics of public prayer. I will also finish my lengthy biography. Here is the brief description of the course from the Be A Disciple website:

As a Lay Speaker/Servant/Leader, you may find yourself leading prayer in worship services as well as in other settings. Since people learn to pray by listening to others, the prayers they hear in church and Sunday school have a large influence on their own prayer lives! It is vital, then, that you are knowledgeable and lead well. Never fear – prayer is something we learn, and it can be taught!

This course may challenge some of your assumptions, test some of your preconceived ideas, stretch your thinking and enrich your prayer life. It will, at the very least, present you with an opportunity to grow in the discipline of leading prayer. The primary objective for this course is to enable the Lay Speaker to effectively prepare and lead various prayer forms, primarily in worship settings.

*This course follows the required text, *Let the Whole Church Say Amen!* by Laurence Hull Stookey (Abingdon Press, 2001). Each participant will need a copy of this workbook and should obtain it well before class begins. The book is not included in the course fee. You will be expected to access the online workshop daily and stay current with the assignments. Therefore, obtain, read, and complete the workbook prior to the start of the course for better time management when the course begins. You will also need access to a United Methodist hymnal during the course.*

This class is one of the core Lay Servant Ministries classes, but everyone is welcome! A description of the instructor from the website: John Zimmerman served 28 years in pastoral ministry in local church settings before he was appointed as General Evangelist in the United Methodist Church. His current ministry as the founding director of About Face Church Outreach Consultants offers a consultant model of ministry with local churches around the country to engage in long-term relationships within the context of the local church mission field. He and his wife help churches move into this new paradigm of ministry that reflects more fully the New Testament Church. His evangelistic work has been recognized and honored as a recipient of the Harry Denman Evangelism Award by the Foundation for Evangelism.

This class was on a topic I am far less experienced in, and there is much more technique, and form to apply. We received a lot of clear guidance on improving our prayers.

Some biography 1953-1980

I decided I am boring you all enough with this biographical information and much of this time period was in my formative years so I will finish this narrative arc.

I was born in January of 1953, and I was a “Blue Baby” today called infant methemoglobinemia. It means my blood could not carry enough oxygen for my survival. This had to do with Rh factor. So, I had an ambulance ride to St Louis about 2 hours away right after birth. My poor parents; they had previously a still born girl, and I had a brother that died at age 5 of appendicitis. They had enough trauma. I was an only child. We attended Hope Chapel Methodist (pre-United Methodist time), this was a small church but we made do. It was in the mighty town of Colp, Illinois, population around 250. We were not city folks though (as my dad would say) and lived in the country north of town. Our family had roots for four generations there, back to 1840. I have many good, but vague memories of those times. Farm life was by the book, You learn to do everything, We raised row crops, hogs and chickens on 150 acres. My dad worked in a factory on afternoon shift and mom was a homemaker. Never good at sports, but an enquiring reader, I read and still read lots of things, knowledge, nature, and how things relate are all equally interesting to me. I graduated High School in 1971. I eventually got into community college, and found I loved it all. I received an A.S. from there and while I have taken many college courses since, but never completed a higher degree. Like many people I dropped out of church during my H.S. years.

Continued on next page

Lay Servant Lectern continued

I met Ruie, who was one of my student workers when I worked at the college as the A-V Technician. She actually asked me out on our first date, that is a whole funny story in itself. Ruie was a Free Will Baptist and she sang like a songbird. We got married in 1977 at the First FreeWill Baptist church of Johnston City, Illinois. This was Ruie's home church. The FreeWill Baptists share all the same basic tenets we United Methodists hold sacred, plus some specific emphases that we may not. So, it had a different feel from my spiritual upbringing, some of these points I have explored in past writings.

There was a rough recession at that time, not much opportunity, high gas prices, and so on. That is one of the reasons I chose to join the Navy, to gain some skills. We had lots of different experiences during this period. We made 13 moves in our first seven years of marriage. I had two plus years of training in the Navy to get to my boat in July of 1980. There was a sign at the Charleston Navy Base, Personnel office, it said, "Welcome to South Carolina, set your clocks back 20 years." I found that humorous at the time, and still do. That is a basic review of my life segments. I tell people the same thing I have said for over 50 years, I am a simple country boy with simple tastes. I just happen to have been graced with a lot of interesting experiences and find joy in seeking the connections of people and situations. We serve a great God, and I often marvel at the paths He has offered to me.

If you want more information on the Lay Servant program, please ask me!

May God continue to richly bless you all!

Ricky

CAN YOU HELP?

Share your talents at Emmanuel by sharing the Word as a Scripture Reader during our Sunday Service! Help for a single Sunday or choose several. You choose how many Sundays you are able to help. Just email the office at office@eumcbeltsville.com and they will let you know which weeks are available!

No experience needed! We will train you on the job!

Worship in Giving: How Can I Give?

Online: You can now give online through Emmanuel's website at www.eumcbeltsville.com/giving or scan the QR Code below. This is a great way to keep up with your giving if you are out of town, are sick or if you can't come to church.

Through the Mail: You can mail your offering to the church. The address is 11416 Cedar Lane, Beltsville, MD 20705.



Please pray for our homebound

Home bound

Glen and Pauli Colburn

Bob Humphrey

Ernie Kilbourne

Out of state

Lil Mizzer



1. Mary Ann Vaughan
6. Jody Hammond, Isaac Oluwafemi
8. Don Hammond
10. Ester Hatton
11. James Mackey, Jr.
12. Tracy Fuller
15. Elsie Cline
18. Robert Galloway
21. Bob Miller, Carol Lee, Lois Schulze, Len Weston
23. Dela Martin, Chinasa Onukwubiri
29. Victoria Galloway, Ascenna Scotland
30. Kathryn Griffin, Jennifer Embrey



-
1. Carrie & Roy White
 2. Don & Mary Ann Roberts
 6. Barbara & Jim Butcher
 8. Priscilla & Chrispin Wray
 27. Ann & Ted Ladd



Christian Love and Sympathy to

the family of Jeanette C. Simms (mother of Therese Garza and Grandmother to Lupita-Maria Matadi



Come to me, all you who are weary and burdened, and I will give you rest.

MATTHEW 11:28-30



UPSTAGE ARTISTS PRESENTS THE 39 STEPS
Adapted by Patrick Barlow
From the novel by John Buchan
From the movie by Alfred Hitchcock
Licensed by ITV Global Entertainment Limited
And an original concept by Simon Corble and Nobby Dimon

When: September 15, 16, 22, and 23 at 7:30 pm
September 17 and 24 at 2:00 pm

Where: Emmanuel United Methodist Church
11416 Cedar Lane, Beltsville, MD 20705

Price: \$10.00

www.upstageartists.com/tickets

"The 39 Steps" is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc. www.concordtheatricals.com

History of Hymns: “Freely, Freely (God forgave my sin)”

By C. Michael Hawn

“Freely, Freely (God forgave my sin)” by Carol Owens (UMH 389)

*God forgave my sin in Jesus' name
I've been born again in Jesus' name
And in Jesus' name I come to you
To share His love as He told me to*



Carol and Jimmy Owens

*He said: 'Freely, freely, you have received
Freely, freely give
Go in My name, and because you believe
Others will know that I live.'*

*All power is given in Jesus' name
In earth and heaven in Jesus' name
And in Jesus' name I come to you
To share His power as He told me to*



“Come Together” Album
Cover

Carol Owens (b. 1931) is an Oklahoma native educated in California at San Jose State College (now University) in what has become Silicon Valley. In 1954, she married Jimmy Owens (b. 1930), a jazz band director and church musician in southern California. A part of the “Jesus Movement,” they composed contemporary Christian musicals and performed throughout California. The Owensens were involved in musical missions for evangelist Jack Hayford’s (1934–2023) Church of the Way in Los Angeles. They received the Christian Artists Music Achievement Award in 1986. Working with contemporary Christian artist Paul Baloché (b. 1962), they co-authored *Words and Music: A Guide to Writing, Selecting and Enjoying Christian Songs* (1984).

“Freely, Freely” is a song from one of the ten musicals composed by the Owens duo, *Come Together: A Musical Experience in Love* (1972). The original album (Light Records — LS-5592-LP) features Pat Boone. “Freely, Freely” is the final track on the first side during the worship section of the musical. The words came to Carol Owens one morning during a reading of the Gospels (Adams, 1992, p. 126).

The UM Hymnal editor Carlton R. Young, commenting on this song, finds its Scriptural roots in the Gospel of Matthew: “This gospel hymn expresses the obligation of those who have been forgiven and made new creatures in Christ to share freely (Matthew 6:12) that graceful gift to the lost and needy in the spirit of the great commission, ‘Go therefore and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit.’ (Matthew 28:19)” (Young, 1993, p. 150) The tagline “freely” comes from Matthew 10:8: “Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.” (KJV) Other words from the refrain paraphrase the key ideas of the great commission: “Go in my name, and because you believe, others will know that I live.”

The two stanzas reflect the simple sincerity of contemporary Christian songs of the early 1970s and have the feel of bridges to the refrain rather than fully developed verses. The first stanza focuses on being “born again” (John 3:7). Stanza 2, which begins with “All power is given in Jesus’ name, / in earth and heaven in Jesus’ name,” paraphrases Matthew 28:18.

The predominately step-wise melodic movement of the triple-meter musical setting is accessible to congregations. The diatonic harmonic setting is straightforward, allowing the song to adapt easily to various styles from folk guitar and country Western to traditional organ and piano accompaniment. The earliest hymnal to include the song was *The New Church Hymnal* (1976), edited by contemporary Christian pioneer and composer Ralph Carmichael (1927–2021). Subsequently, the song appears in twenty hymnals, primarily evangelical collections, including *The Hymnal for Worship and Celebration* (1986), *Baptist Hymnal* (1991 and 2008 editions), *The Celebration Hymnal* (1997), *Complete Mission Praise* (1999), and *Anglican Hymns Old and New* (2008).



EMMANUEL UNITED METHODIST CHURCH

BELTSVILLE, MD

Life is a journey, don't travel it alone

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Emmanuel is on Instagram! Follow @eumc_beltsville  Instagram</p> <p>Join us on Facebook! https://www.facebook.com/groups/EUMCBeltsville</p>					<p>1 9:30-2:30 Office Hours 7 pm Upstage Artists Rehearsal</p>	<p>2 5 pm NA</p>
<p>3 10 am Worship 6 pm Boy Scouts in Chester Stewart Room 2 pm Zimbabwe Fellowship Community service</p>	<p>4 Office Closed LABOR DAY 7 pm Upstage Artists Rehearsal</p> 	<p>5 Office closed</p>	<p>6 9:30-2:30 Office Hours</p>	<p>7 Office closed 7 pm Upstage Artists Rehearsal</p>	<p>8 9:30-2:30 Office Hours 7 pm Upstage Artists Rehearsal</p>	<p>9 5 pm NA</p>
<p>10 10 am Worship 6 pm Boy Scouts in Chester Stewart Room 12 pm UpStage Artists Rehearsal</p>	<p>11 9:30-2:30 Office Hours 7 pm Upstage Artists Rehearsal</p>	<p>12 Office closed 7 pm Upstage Artists Rehearsal</p>	<p>13 9:30-2:30 Office Hours 7 pm Upstage Artists Rehearsal</p>	<p>14 Office closed 7 pm Upstage Artists Rehearsal</p>	<p>15 9:30-2:30 Office Hours 7:30 pm Up-Stage Artists The 39 Steps</p>	<p>16 5pm NA 7:30 pm Up-Stage Artists The 39 Steps</p>
<p>17 10 am Worship 6 pm Boy Scouts in Chester Stewart Room 2 pm Zimbabwe Fellowship Community service 2 pm UpStage Artists The 39 Steps</p>	<p>18 9:30-2:30 Office Hours</p>	<p>19 Office closed</p>	<p>20 9:30-2:30 Office Hours</p>	<p>21 Office closed</p>	<p>22 9:30-2:30 Office Hours 7:30 pm Up-Stage Artists The 39 Steps</p>	<p>23 8 am Food Distribution 5 pm NA 7:30 pm Up-Stage Artists The 39 Steps</p>
<p>24 10 am Worship 6 pm Boy Scouts in Chester Stewart Room 2 pm UpStage Artists The 39 Steps</p>	<p>25 9:30-2:30 Office Hours 7 pm Upstage Artists Rehearsal</p>	<p>26 Office closed</p>	<p>27 9:30-2:30 Office Hours</p>	<p>28 Office closed</p>	<p>29 9:30-2:30 Office Hours 7 pm UpStage Artists Auditions</p>	<p>30 5pm NA 7 pm UpStage Artists Auditions</p>